

Newsletter | Term 2 Week 10 | 24 June 2021



From the Principal

As the holidays are rapidly approaching, I've been thinking about all the things at home that I am going to finally accomplish and finish off. I'm determined to finish painting my kitchen that I started almost four months ago! Somehow, when the weekend rolls around, I always find there's something more important to do..... like sleeping in! And speaking of sleeping, I came across this fascinating article that included some facts about sleeping that I never knew.

- 1. 15% of people dream in black and white. The rest of us dream in colour
- 2. Humans spend ½ of their life asleep
- 3. 15% of the population are sleepwalkers
- 4. Dysania is the state of finding it hard to get up in the morning
- 5. A giraffe only sleeps for 1.9 hours per day. A brown bat needs 19.9 hours of sleep per day
- 6. The sensation you have of falling when half asleep and jerking yourself awake is called hypnic jerks
- 7. The record for going without sleep is 11 days.
- 8. Humans are the only mammals who put off going to sleep at night
- 9. Within 5 minutes of waking up you will have forgotten 50% of a dream
- 10. Sleep deprivation is more dangerous to your health than food deprivation.

As part of our own Spiritual formation at St. Finbar's, the staff have been involved in many examples of Lectio Divina – the process of unpacking the Gospel to gain a deeper understanding of Jesus' message. In this Sunday's Gospel, Mark relates the account of a young girl who had passed away. Jesus spoke to the family who were mourning her death. He turned and saw her, saying "she is only asleep". The girl then awoke after Jesus took her hand. There are three key elements of this Gospel recount to consider.. Firstly, we have the family who were devastated by the loss of their child. Jesus was moved with



compassion for them and wanted to help them in their time of need. The father turned to Jesus, full of faith that he could restore her life. This leads us to the question, 'who do we turn to when things get tough in our lives?' Secondly, there is the phrase "he turned and saw her". This implies that he changed the spiritual state of the family, and they turned with him and toward him to receive the full glory of his light and love. In seeing her, Jesus was truly able to understand the young girl's position. This was the pivotal moment that the family awoke from their spiritual slumber and fully embraced all that Jesus was offering them...life, and life to the full!

As we finish Term Two for 2021, I wish you a relaxing, peaceful and rejuvenating break with your families. Take time to enjoy the company of your beautiful children and hopefully you might get a sleep in or two!

Staffing Changes for Term Three

There will be some slight changes to staffing for Term Three, 2021.

- Mr Michael LoCascio has recently been appointed as acting Religious Education Coordinator for the remainder of the year. We look forward to the contributions he will make to St. Finbar's.
- We will welcome back Mrs Natalie Platt from her maternity leave after the birth of her second son. Mrs Platt will be providing release for Mr Michael LoCascio each Friday for the remainder of 2021.
- Mrs Brown will resume working with Year Two for four days per week, as she continues to recuperate from her illness. Ms Ella Youngman will be teaching Year Two each Wednesday for at least four weeks.
- Mrs Amber Baines will continue to provide executive release for Mrs Alison Maunder and Mr Ben Ticehurst each Tuesday in Stage Two.
- We welcome back Mrs Judy Frazer from her extended long service leave.

Covid updates

With the recent resurgence of covid cases in NSW, there have been some changes that families need to be aware of.

- If your child is unwell and presenting with a cough, runny nose, temperature etc. please ensure that they have a covid test. If the test is negative, please send the results via email to stfinbars@parra.catholic.edu.au Parents will be contacted if students are presenting with these symptoms at school.
 - Runny nose
 - Persistent cough
 - High temperature
 - Loss of taste
 - Loss of smell



- Parents must wear masks inside until further notice. This will include any masses, open classrooms, or assemblies that will occur. It will also mean that parents will have to wear masks at afternoon dismissal until further notice. If you need to come to the front office, please ensure that you are adhering to social distancing, wear a mask, and use the hand sanitiser provided. We will try to assist by limiting the number of people in the office.
- Parents are encouraged to wear a mask if attending the athletics carnival. We ask that parents, grandparents, carers etc take responsibility for social distancing. The 1:4m rule will apply. Any volunteers handling food at the barbecue on the day will be asked to wear gloves and masks while handling food, and working in close proximity to one another. A QR code will be available for parents/carers to sign in when attending the carnival.

Thank you for your ongoing support of these measures.

Reports and Family Learning Conferences

Last week many of our families took part in our Family Learning Conferences, to celebrate the achievements of their children over the past Semester. These conferences are a vital link between home and school, so thank you to all families who participated. Reports have been made available on Compass for parents to view. Thank you to our staff who showed how flexible they are by providing both face to face and zoom conferences.

If you would like to request a grade distribution sheet for your child's class, please contact the office on 4724 3600 or at <u>Stfinbars@parra.catholic.edu.au</u> and we will arrange it for you. Please note these are only available for Years 1-6.

Grandparents Day

We will be celebrating Grandparents Day this year on Friday August 6th. All grandparents and parents are invited to a special mass (9:00am) followed by a morning tea. Unfortunately, due to WHS constraints, children cannot be present for the morning tea, however, the children can be joined on the playground after hot food and drinks have been consumed.

After morning tea, we will have a special presentation of grade work in the hall. Grandparents and parents are then invited to share a picnic meal with their children and grandchildren at break two. Please remember that sharing food with anyone other than your family is not encouraged, as we have many children with allergies at St. Finbar's.

The afternoon session will be an opportunity for grandparents and parents to visit open classrooms so that everyone can see how different school is nowadays, compared to when they were at school. We



hope to see plenty of grandparents and parents for this special day, and we will advise closer to the date if any special covid requirements need to be put into place.

Students Leaving St. Finbar's

This week, we farewell Tom (Year Five) and Emma (Year Three), Briar-Rose (Year Six) and Aurora (Year Three), Stacey (Year Three), and Connor (Year One) as they leave St. Finbar's to attend different schools. We thank all of these families for their contribution to our school community over the past few years, and wish your children all the very best in their new learning environments.

May Christ's peace be with you,

Mrs Robyn Clarke Principal



From the Assistant Principal

The principal's award for growth mindset is given to one student in each class who believes their talents can be developed through hard work, good strategies, and input from others. They demonstrate self belief in all that they undertake in the classroom. This is because they worry less about looking smart and they put more energy into learning. They believe that their abilities can be developed through dedication and hard work. They show a love of learning and a resilience that is essential for great accomplishment. They work hard and persevere, and view challenges and failures as opportunities to improve their

learning and skills.

They demonstrate problem solving, critical and creative thinking when generating and evaluating knowledge, ideas and possibilities. They communicate effectively in one-on-one situations and group settings, sets goals, interacts with others, and demonstrates a capacity to work independently and collaboratively. They respectfully listen, interact, discuss and pose questions and uses and applies feedback to improve their learning.

The Principal's Award for Growth Mindset and Learning Habits is presented to the recipient's family, who will then present the award to their child. This is to signify the partnership of learning that is developed between the family, school and the learner and the importance of this partnership to help each child be the best they can be.



The recipients of the Semester 1 Principal's Award are:

Kinder: James Howard

Year 1: Christian Simpson

Year 2: Sophia Lynch

Year 3: Zoe Taylor

Year 4: Quentin Lynch

Year 5: Makenna O'Callaghan

Year 6: Briar-Rose Wade

Congratulations learners.

Let your light shine

Ben Ticehurst Assistant Principal





From the RE Coordinator

With Term 2 coming to an end, we are already looking forward to all the exciting things planned for Term 3. Together as a community, we will have the opportunities to celebrate Grandparents Day, Father's Day, St Mary of the Cross Mackillop's Feast Day, as well as St Finbar's Feast Day.

I am really looking forward to the opportunity to be able to share these special occasions as a whole school community.

Wishing all of our community a safe and restful break.

Next Term we will be continuing our school's participation in the weekly Friday Parish Mass. This is an



opportunity for all students to participate in mass in their allotted week on a Friday. Families are invited to also be a part of these masses.

Stage 3 and Kindergarten	Stage 2	Stage 1
Week 1	Week 2	Week 3
16th July	23rd July	30th July

Yours in Christ,

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Michael Lo Cascio Acting Religious Education Coordinator

Dates To Remember

Friday 25 June	St Finbar's Athletics Carnival Last day of Term 2	
Monday 12 June	All students return to school for Term Three	
Wednesday 21 July	Stage 2 Soccer Gala Day	
Friday 30 July	Stage 2 Boys and Stage 3 Boys and Girls Touch Football Gala Day	
Friday 6 August	Grandparents Day	
Monday 16 August	Stage 2 and 3 Cricket Gala Day	
Our 2021 Calendar is now available. <u>View School Calendar</u> . Use the to add our calendar to your Google Calendar. It is also available on Skoolbag.		

Communications Recently Sent Home

Sent Electronically via Skoolbag		
Information and permission forms for:	notes	
Cricket Gala Day, Touch Football Gala Day and Soccer Gala Day		



New House War Cries

As a part of our continuous effort to build the House culture in our school, we are proud to release the new House War Cries. These were developed in partnership with Mr Ticehurst and Year 6.

Warrigal	Tarmaroo
U – N – I – T – Y U – N – I – T – Y, that's unity U – N – I – T - Y	How about How about How about a Tarmaroo shout?
Hold up, wait a minute, Let me put some spirit in it! Warrigal, break it down.	Possum magic, Possum power. We'll jump and claw and shout for hours
Knock these teams straight out of town!	We've got courage, yes we do! We've got courage, how about you?
We are brave and move with ease Swift and fast, we'll bring you tears!	We've got passion, yes we do! We've got passion, how about you?
We stay true and hunt together Loyalty in camp forever.	We support each other to the top! We're the champion team that can't be stopped!
We're fired up, we're sizzling hot	stopped:
We've got the beat. We will not stop	Come along and sing our song Blue team, Blue team all day long.
We have the power. We've got the fire Our engines boiling. Teams are avoiding.	T-A-R-M-A-R-O-O
So, when it comes to Warrigal The dingo team, we're invincible.	TARMAROO
W-A-R-R-I-G-A-L Warrigal	



Banjora	Aringa
Don't mess, don't mess,	Kanga, Kanga, Kangaroo
Don't mess with the best	Bouncing here to there to Uluru
Banjora is the team	Skin of Red and Red in flame
They fear in the West.	Power and speed in the fastest lane.
We're resilient and strong,	Aringa, Aringa
'cause we all get along.	
Now clap your hands	We've got the power, in our bodies
And sing our song.	We are gonna make you sorry.
	Full of spirit, we can't be stopped
Yellow, Yellow	We'll bounce our way, straight to the top!
Strong and bright	
We'll blind you with our shining light	Aringa, is the team of red
North, South, East or West	We are the team, the others dread
We are the team that will beat the rest	
	We're rough, we're tough,
Now stamp your feet. (Stomp- Stomp-	We're hard to beat
Stomp- Stomp)	C'mon red, let's move our feet!
Now stamp your feet. (Stomp- Stomp-	
Stomp- Stomp)	Hey! Hey! Say it loud
Now stamp your feet and sing our song	We are gonna make you proud.
The winning just goes on and on!	Time to shine
	And have some fun
Yellow, Yellow	It's our turn
Strong and bright	To be number one!
We'll blind you with our shining light	
North, South, East or West	A-R-I-N-G-A
We are the team that will beat the rest	
	ARINGA!
B-A-N-J-O-R-A	
Banjora!	



St Finbar's Playgroup



St Finbar's Playgroup

Attention Parents/Grandparents/Carers

St Finbar's Playgroup for 0-5 year olds meets each Wednesday in the Parish Hall (Levy St) 9:15am till 11:30am during school term dates. Please bring a piece of fruit to share and a gold coin donation. Tea and coffee and morning tea provided. Please come and join us for a play and meet other families. For more information please contact Gabrielle Lynch on 0481150022.

Parish News

Click this link to read The Parish Barra

Sunday Masses: Vigil - 5.30pm Saturday evening 7.30am & 9.30am Sunday morning 6pm Family/Youth - First and Third Sunday evenings (except Jan)



Weekday Masses: Monday: 9am Tuesday: 9am Wednesday: 8am Thursday: 9am (except third Thursday - see Anointing Mass) Friday: 9am Saturday: 9am

Reconciliation: Saturday evening - 4.45 - 5.15pm, or any time on request **Rosary in Honour of Our Lady:** Usually after Wednesday morning Mass. **Anointing Mass:** Usually third Thursday of the month at 10am (except January)

Adoration & Benediction: Usually after Friday morning Mass. <u>Sunday's First and Second Collections explained.</u> Concerts return to St Finbar's. <u>Click here for more information</u>

Current Covid-19 Guidelines for Church